Family Access to Medical Insurance Security Plan (FAMIS)

MEMBER HANDBOOK

January 2018

www.coverva.org • 1-855-242-8282

For more information, contact your local Department of Social Services
Welcome to FAMIS!

Welcome to Family Access to Medical Insurance Security (FAMIS). This is a comprehensive health insurance program for Virginia’s children. FAMIS is administered by the Virginia Department of Medical Assistance Services (DMAS) and is funded by the state and federal government.

You should read this handbook from the beginning to the end. It contains important information you need to know to make sure your FAMIS child gets all the medical care he or she needs!
WHAT YOU NEED TO KNOW:

- If you move, you must contact Cover Virginia or your local Department of Social Services and give us your new address. If we cannot locate you, your child may not be able to get health care, and when it is time to renew FAMIS, your child’s coverage will be canceled (See Section 2 for more details).

- You must renew your child’s FAMIS coverage annually. Your worker will attempt to renew your coverage based upon information known to us and will notify you by mail. If they are unable to renew or there have been changes, we will send you a renewal form at the right time. If you do not complete and return the paperwork in time, FAMIS coverage will be canceled. (See Section 3 for more details).

- You must report certain changes during the year. (See Section 2 for more details).

- In most cases, your child will receive health care from a Managed Care Organization (MCO). (See Section 4 for more details).

- FAMIS Select might help towards paying your monthly health insurance premium for employer sponsored family coverage. (See Section 7 for more details).

- You will receive one permanent Commonwealth of Virginia health insurance card for each enrolled child. If your child is enrolled in a MCO, you will also receive another card from that MCO. Always show your MCO ID card every time your child receives medical or dental services. Keep both cards safe. (See Section 4 for more details).

- FAMIS pays for well-child check-ups and immunizations that will help keep your child healthy. Don’t wait until your child is sick to use FAMIS! (See Section 9 for a list of covered services).

- If for any reason, you lose FAMIS coverage, you do not need to wait until open enrollment to apply for a Federal Marketplace or an employer sponsored health plan. Loss of FAMIS coverage is considered a “qualifying event” as long as you apply within 60 days of losing coverage. Just provide a copy of your cancellation notice.

1. HOW LONG WILL FAMIS COVER MY CHILD?

FAMIS provides twelve months of coverage (beginning with the month the child was enrolled), UNLESS:

- Your family’s gross monthly income goes over the income limit for your family size,
- The child moves out of Virginia,
- Your child is found eligible for FAMIS Plus,
- The child turns age 19 during the 12-month enrollment period, or
- You request, in writing, that the FAMIS coverage be stopped.

If none of the above changes happen, your child will remain covered by FAMIS for 12 months. Near the end of the 12 months, you will be notified when it is time for renewal. If your child’s continuing eligibility cannot be determined electronically, you will be sent a renewal application to complete in order to continue the FAMIS coverage for another year. You may also call Cover Virginia at (855) 242-8282 and renew over the phone with a representative.
2. WHAT MUST I REPORT TO FAMIS?

You only have to report the following changes if they happen before your annual renewal:

A. INCOME – You must report an increase in your family income ONLY IF the gross monthly income (before any deductions) is over 200% of the federal poverty level (FPL) for your family size. If your gross monthly income goes up, but it is still less than or equal to the 200% FPL limit, you do NOT have to report it.

<table>
<thead>
<tr>
<th>Number of persons in family</th>
<th>Monthly gross income limit * (200% FPL)**</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$2,075</td>
</tr>
<tr>
<td>2</td>
<td>$2,813</td>
</tr>
<tr>
<td>3</td>
<td>$3,551</td>
</tr>
<tr>
<td>4</td>
<td>$4,289</td>
</tr>
<tr>
<td>For each additional person, add</td>
<td>$738</td>
</tr>
</tbody>
</table>

* Effective January 18, 2018. NOTE: The FPL income limits are normally adjusted annually.
** Includes a 5% FPL disregard

**How to use the chart** – Count all the income of family members except for child support received. Count how many of your children and stepchildren under 19 years old live in your home. Add yourself if you are the parent or stepparent of the children. Add your husband or wife who lives in the home. If your family’s gross monthly income goes over the allowable monthly income for your family size, then you must report this to your local Department of Social Services or call Cover Virginia at 1-855-242-8282. When you report, the information will be evaluated by the eligibility worker. Note: The numbers in the chart above were accurate as of January 18, 2018. This chart is meant to serve as an example only. For more information, call us at 1-855-242-8282.

For FAMIS, you do not have to report to us when your income goes down. However, you may want to report this if your children are in a managed care plan, because this may change the amount of the co-payments that you have to pay for medical care, or your children may be eligible for FAMIS Plus (children’s Medicaid). FAMIS Plus does not require any co-payments.

B. CHANGE OF ADDRESS - You should always report any change in your address and phone number, so that we can contact you. You **must report** to us if your family, or one of the children in your family, moves out of Virginia. You may call Cover Virginia toll free at 1-855-242-8282 or contact your local Department of Social Services to report changes.

C. ADDING A FAMILY MEMBER TO YOUR FAMIS COVERAGE – You must contact us if you want to apply for coverage for a child who has moved into your household. **Please note:** A signed application for a new baby whose mother was not enrolled in Medicaid, FAMIS Plus, FAMIS MOMS or FAMIS must be received within three months following the month the baby is born. You may start the process online at www.commonhelp.virginia.gov, or you may call Cover Virginia toll free at 1-855-242-8282 to apply by phone, or visit your local Department of Social Services to apply in person. If you have questions, call Cover Virginia at 1-855-242-8282.

D. IF YOUR FAMIS ENROLLED TEENAGER BECOMES PREGNANT - Her baby is automatically eligible for health insurance for the first year of life. The teen must be enrolled in FAMIS at the time of the baby’s birth. Please let us know as soon as her baby is born so we can determine whether the baby will be covered under the FAMIS or FAMIS Plus program. We need the mother’s name, date of birth, and her FAMIS ID number. We also need the baby’s full name, date of birth, race, and gender to get the infant enrolled immediately. Call Cover Virginia at 1-855-242-8282 or contact your local Department of Social Services.
E. REQUEST TO CANCEL FAMIS – If your situation changes and you no longer want FAMIS for your children, we must have your request to cancel coverage in writing. Please contact your local Department of Social Services or call Cover Virginia at 1-855-242-8282 for help locating your local Department of Social Services.

F. OTHER CHANGES - Some reported changes require that the child’s eligibility for FAMIS be re-determined. You can report changes and manage your account at www.commonhelp.virginia.gov, or if you have questions on other changes or need to report a change, call Cover Virginia at 1-855-242-8282.

G. IDENTITY PROOFING - As of October 1, 2013, Federal Healthcare law requires all affordable health insurance programs (Medicaid, FAMIS, or the Federal Marketplace) to obtain a level of confidence that an applicant’s identity is verified to allow access to sensitive personal information. This process is called Identity Proofing and is used throughout the public and private sector to ensure the privacy of personal information. Upon contacting the Cover Virginia Call Center or any other method of electronic inquiries into your case records, a member will be required to provide relevant information to prove their identity in order to obtain information on their case over the phone or online. If your identity cannot be proofed electronically, you may be asked to provide documentation by mail, fax, or in-person to your local agency.

3. ANNUAL RENEWAL OF FAMIS

You must renew FAMIS coverage every year. Your local Department of Social Services will attempt to renew the child’s FAMIS coverage electronically. If your child’s continuing eligibility cannot be determined electronically, you will be sent a pre-filled application to confirm the information we have on record is still correct. When you receive the application, please review to make sure all information is correct, or make the necessary changes. This may be done online at CommonHelp.org, by phone with Cover Virginia at 1-855-242-8282, or simply by signing and returning the form. If you do not renew within the requested time, your child’s FAMIS coverage will be canceled.

Grace Period – if your child’s coverage is cancelled for failure to renew in a timely manner, you still have an additional 90 days to respond and your child’s coverage may be reinstated if they remain eligible.

4. HOW WILL MY CHILD RECEIVE SERVICES?

Once your child is enrolled in FAMIS, you will receive a plastic, permanent Commonwealth of Virginia blue and white plastic health insurance ID card, one for each enrolled child in your household unless the child was previously enrolled in FAMIS or FAMIS Plus (children’s Medicaid). If your child was enrolled in FAMIS or FAMIS Plus within the last 12 months, your child should already have a permanent Commonwealth of Virginia health insurance ID card and will not be sent another card. If you have lost the Commonwealth of Virginia ID card, you must call us at 1-855-242-8282 or contact your local Department of Social Services and request a replacement card.

A. Your child’s health insurance card

If your child was not previously enrolled in FAMIS or FAMIS Plus (Children’s Medicaid), you will receive a new Commonwealth of Virginia health insurance ID card for each FAMIS enrolled child in your household. You will only receive one Commonwealth of Virginia ID card for your child, so do not lose or throw away the card. When you receive the child’s Commonwealth of Virginia ID card, check the information on it to be sure it is correct. If it is not correct, you must inform us of any needed changes or corrections.

If your child is enrolled in a managed care organization (MCO), he or she will also receive a separate member identification (ID) card from that MCO.

It is your responsibility to show the child’s Commonwealth of Virginia ID card and the MCO ID card (if you are enrolled into an MCO) to providers each time medical or dental services are
received. You will also need to make sure the provider participates in the FAMIS program. Failure to present the card/s at the time of services may result in the parent or guardian being held responsible for any cost of the service.

Use the Commonwealth of Virginia ID card to get health care services for your child. Stop using the card immediately when notified that the child is no longer covered. You will be responsible for any bills incurred if the card is used when a child is no longer covered for services.

Never lend either the Commonwealth of Virginia ID card or the MCO ID card to anyone. If you lose your child’s MCO card, please call your child’s MCO.

B. Fee-for-Service

When a child is first enrolled in FAMIS, he or she is able to access health care through the FAMIS fee-for-service program. Children can see any provider in the FAMIS fee-for-service network. Before you schedule an appointment or before you get a prescription filled, ask the doctor, clinic, hospital, dentist, pharmacy or mental health provider if they accept FAMIS. Providers who accept Virginia Medicaid also accept FAMIS. **There are no co-payments in FAMIS fee-for-service. Please contact Cover Virginia at 1-855-242-8282 for more information.**

C. Managed Care Plans

If you chose a managed care organization (MCO) during the application process, your child(ren) will be enrolled in that plan. If you have not chosen a MCO for your FAMIS-enrolled child, please call Cover Virginia at 1-855-242-8282. If you do not choose a MCO, one will be chosen for your child. Your child will be enrolled in a MCO one or two months after FAMIS enrollment. During the one to two month period before MCO enrollment, your child will get services through the FAMIS fee-for-service program. When enrolled in a MCO, your child must receive all care through a primary care provider (PCP). Female members age 13 or older can also pick an OB/GYN doctor to give primary health care and arrange for most other care. If a member selects an OB/GYN doctor, he/she is considered a PCP. You must select a PCP from the network of PCPs available in your child’s MCO. That PCP will coordinate all of your child’s care within the MCOs network of providers, specialists and hospitals. While you will have a small co-payment for services your child receives, you will also have additional benefits when you belong to a MCO. These benefits include case management/disease management services, health education, skilled nursing services, chiropractic care and a 24-hour nurse access telephone line. If you have questions regarding care or specific services covered, please contact the MCO.

Once your child is enrolled in the MCO, you will also receive an MCO member ID card, a member handbook, and a provider directory from the MCO. This is in addition to the Commonwealth of Virginia health insurance card that you receive. **You will only receive one MCO ID card and one Commonwealth of Virginia health insurance card for your child, so do not lose or throw away either card.** The MCO ID card will include, at a minimum, the name of the member, a FAMIS identifier, the name and address of the MCO, the name of the member’s primary care provider, the member’s co-payment amount, a telephone number to be used to access after-hours non-emergency care, instructions on what to do in an emergency, Medicaid ID number, MCO identification number, and any other information needed to process claims or provide customer service numbers, if applicable. If you lose your child’s MCO ID card, call the MCO to request a new one. Keep your child’s MCO ID card with his or her Commonwealth of Virginia health insurance ID card. Always show both your child’s MCO ID card and Commonwealth of Virginia health insurance ID card when your child receives medical or dental services.

If you are unhappy with your child’s PCP, you may call the child’s MCO at any time to change PCPs. If you wish to change your child’s MCO, you may call Cover Virginia at 1-855-242-8282 to change to another MCO in the area. You must call within the first 90 days of enrollment with that MCO. After 90 days, your child will remain with that MCO until your child’s annual renewal. When your child’s FAMIS coverage is renewed each year, you will have a chance to choose another MCO or remain with the current
health plan. If you do not want to make a change, your child will remain with your current MCO. If you have questions, call Cover Virginia at 1-855-242-8282.

MCOs administering FAMIS in Virginia serve different parts of the state. If you are enrolled in a MCO and have questions or concerns about receiving services, contact your MCO at:

- Aetna Better Health of Virginia 1-800-279-1878
- Anthem Healthkeepers Plus 1-800-901-0020
- INTotal Health 1-855-323-5588
- Kaiser Permanente 1-855-249-5025
- Optima Family Care 1-800-881-2166
- Virginia Premier 1-800-727-7536

For an updated list of MCO’s and contact information, visit coverva.org.

5. SMILES FOR CHILDREN

Your child's dental services will be provided through the Smiles For Children program. There are no costs for dental care services in the Smiles For Children program. You can use your child’s Commonwealth of Virginia health insurance ID card to get dental care for your child. You will receive a Smiles For Children member handbook. The handbook will describe dental services that are covered. It will also list the Smiles For Children dentists in your area. Call Smiles For Children at 1-888-912-3456 for questions about dental services or for help in finding a dentist or making a dental appointment.

6. WHAT DO I PAY FOR FAMIS?

FAMIS does not have yearly or monthly premiums. However, children who are enrolled in a MCO must pay co-payments for some covered services. There are no co-payments required for preventative services such as well-child care, immunizations, or dental care. The chart below shows the co-payment amounts for some basic FAMIS services for children who are enrolled in a MCO, based on co-pay status. Your co-pay status is your approval letter, telling you that your child was approved for FAMIS coverage. NOTE: Native Americans and Alaskan Natives do NOT have any co-payments.

<table>
<thead>
<tr>
<th>SERVICE*</th>
<th>Co-pay Status 1</th>
<th>Co-pay Status 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient Hospital or Doctor</td>
<td>$2 per visit</td>
<td>$5 per visit</td>
</tr>
<tr>
<td>Prescription Drugs</td>
<td>$2 per prescription</td>
<td>$5 per prescription</td>
</tr>
<tr>
<td>Inpatient Hospital</td>
<td>$15 per admission</td>
<td>$25 per admission</td>
</tr>
<tr>
<td>Non-emergency use of Emergency Room</td>
<td>$10 per visit</td>
<td>$25 per visit</td>
</tr>
<tr>
<td>Yearly Co-payment Limit per Family</td>
<td>$180</td>
<td>$350</td>
</tr>
</tbody>
</table>

*Other co-payments may apply to other services.

The approval letter that you received also listed the amount of your yearly family co-payment limit. Whenever a child enrolled in FAMIS has a doctor’s appointment, needs a prescription filled or gets another FAMIS covered service, ask for and save the receipt that lists the co-payment amount.

Use the co-payment tracking form at the back of this handbook to record your family’s FAMIS co-payment expenses throughout your children’s twelve-month enrollment period. After you have reached the family co-payment limit, send the completed form with copies of all the co-pay receipts to FAMIS at Cover Virginia for a co-payment review. Following the co-payment review, your health plan will inform you if your family has reached the yearly co-payment limit. Once it has been verified your family has reached the yearly co-payment limit, no additional co-payments will be required for the remainder of your child’s twelve-months of coverage.
7. FAMIS SELECT – IT MAY HELP ME PAY FOR A PRIVATE HEALTH INSURANCE PLAN

Once a child is enrolled in FAMIS, there is a special option available for families who have access to health insurance at work. It is called FAMIS Select.

A. What is FAMIS Select?

FAMIS Select is a program that gives parents of FAMIS enrolled children the freedom to choose between covering their children with the FAMIS health insurance plan or with an employer’s health plan. FAMIS Select gives parents who choose to purchase employer sponsored health insurance up to $100 per enrolled child per month to help pay the child’s part of the premium. The total monthly payment cannot exceed the total amount of the family premium.

B. Why would a family choose to participate in FAMIS Select?

FAMIS Select may allow your child to continue to see a doctor or dentist who may not accept FAMIS. In some cases, an employer plan may give a family more choices of healthcare providers. For some families, the FAMIS Select payment may be enough to make health coverage affordable for the entire family. Remember, children in FAMIS Select get the health benefits through the employer health plan. It is important to compare health benefits and decide whether FAMIS or the employer health plan is best for your family.

C. Who is eligible for FAMIS Select?

Any child who is enrolled in FAMIS and has access to an employer sponsored health plan (and whose policy holder is not court-ordered to provide insurance) is eligible to enroll in FAMIS Select.

D. How do I apply for FAMIS Select?

- Online. You can go to: [http://coverva.org/programs_famis_select.cfm](http://coverva.org/programs_famis_select.cfm) and complete and submit an application to the FAMIS Select Unit.
- Call FAMIS Select directly at 1-888-802-5437 or (804) 786-1024. FAMIS Select will mail you a packet that includes an application, instructions to complete the application and a program brochure.
- Applying for FAMIS Select is voluntary. Once enrolled in FAMIS Select, you have the choice to drop FAMIS Select and go back to FAMIS at any time during your child’s twelve-month coverage.

To be enrolled in FAMIS Select, the child must first be enrolled in FAMIS and enrolled in your employer’s health insurance plan. Children enrolled in FAMIS are eligible for FAMIS Select premium assistance. You do not need to wait for open enrollment to enroll in your employer’s health insurance plan.

Along with your application, send FAMIS Select a copy of a pay stub showing that you are now paying for health insurance at work. You may email info to: [famis.select@dmas.virginia.gov](mailto:famis.select@dmas.virginia.gov)

You will be notified when your child is enrolled in FAMIS Select, along with how much your premium assistance payment will be per month.

E. What should I expect if my children are enrolled in FAMIS Select?

- You must submit the pay stubs or proof of health insurance premium payments each month. If your child is still eligible for FAMIS, enrolled in FAMIS Select, and you are still paying for health insurance at work, you will be sent a check each month to reimburse you up to $100 for each FAMIS child’s share of the cost of your health insurance premium. In some cases, the payment may be enough to cover the entire cost for family coverage. However, FAMIS Select will not pay for more than the total cost of your health care premium.
- You will use your employer’s plan to receive health care services. You may use the FAMIS ID card for childhood immunizations only if your health insurance does not provide this coverage.
- You are responsible for all co-payments, deductibles and cost sharing as required by your employer-sponsored health plan.
- To remain eligible for FAMIS Select, you must renew your child’s FAMIS coverage every year. If you do not renew the coverage, FAMIS and FAMIS Select will be cancelled.

IF YOU ARE INTERESTED IN APPLYING FOR FAMIS Select, go to [http://coverva.org/programs_famis_select.cfm](http://coverva.org/programs_famis_select.cfm) or call: 1-800-432-5924

8. WHAT DO I DO IF AN ACCIDENT CLAIM MAY BE PAID BY OTHER INSURANCE?

FAMIS is designed to help children without comprehensive health insurance. Some types of accident, homeowners’, or school insurance plans may provide limited health insurance coverage. If a child receiving health care insurance through FAMIS is injured in any type of accident where another insurance company may pay for the child’s medical or dental treatment, the child’s parent(s) or guardian is required to inform the Department of Medical Assistance Services (DMAS) Third Party Liability Unit so that payment may be recovered from the other insurance company. The information needed includes: your name, your child’s name and ID number, your phone number with area code, the date services were received, the name of the other insurance company, the policy number, and the name of the attorney, if any. Send the information to the following address:

Third Party Liability Unit  
Department of Medical Assistance Services  
600 E. Broad Street, Suite 1300  
Richmond, VA 23219

If the insurance company pays you after FAMIS has paid the same bill, you must also notify the Department of Medical Assistance Services (DMAS) Third Party Liability Unit at the address above.

When FAMIS has paid for services and it is later found another payment source was available, attempts will be made to recover the money from the other source.

9. WHAT SERVICES DOES FAMIS COVER?

The services listed below (in alphabetical order) are covered by FAMIS. Certain other services may be covered within limitations. Some services require prior authorization* Some exceptions may apply.

**Abortion Services** - FAMIS covers abortions only if necessary to save the life of the mother.

**Ambulance** - FAMIS covers ambulance services for emergencies when used locally to transport to or from a medical facility or provider’s office.

**Behavioral Therapy** - Effective July 1, 2016, Behavioral Therapy Services, including applied behavior analysis, will be covered.

**Clinic Services** - FAMIS covers these services when they are provided by health centers or by other ambulatory health care centers.

**Community Mental Health Rehabilitative Services** - Community Mental Health Services include community rehabilitation mental health services, including intensive in-home services, case management
services, day treatment, and 24-hour emergency response. The Department of Medical Assistance Services (DMAS) pays for these services.

**Dental Care Services** - FAMIS covers diagnostic, preventive, and primary services, as well as complex restorative dental services such as dentures, inlays, onlays, and crowns. Orthodontic services are also covered. This program is called *Smiles For Children*.

**Durable Medical Supplies and Equipment** - FAMIS covers durable medical equipment and other medically related or remedial devices. Included are prosthetic devices, implants, hearing aids, and adaptive devices.

**Early Intervention Services** – FAMIS covers services provided through the Infant & Toddler Connection of Virginia for children from birth up to age three with developmental concerns.

**Home and Community-Based Health Care** - FAMIS covers nursing services, home health aides, physical therapy, occupational therapy, and speech, hearing and inhalation therapy.

**Hospital Care** - FAMIS covers 365 days per confinement in a semi-private room or intensive care unit. Ancillary charges are included.

**Hospital Emergency Services** - FAMIS covers emergency room treatment and services for life-threatening conditions.

**Hospice Services** - FAMIS covers home and inpatient care for terminally ill patients expected to live no more than six months, as certified by a physician. Care related to the treatment of the child’s condition with respect to which a diagnosis of terminal illness has been made is covered while hospice services are being provided.

**Inpatient Mental Health Services** - FAMIS covers services furnished in a psychiatric unit of a general acute care hospital.

**Laboratory and X-ray Services** - FAMIS covers outpatient diagnostic tests, X-rays, and laboratory services when performed in a physician’s office, hospital, independent or clinical reference lab.

**Nursing Services** - FAMIS covers the services of a nurse practitioner, nurse midwife, advanced practice nurse, pediatric nurse and respiratory care services in a home or other setting.

**Outpatient Care** - FAMIS covers outpatient services including emergency services, surgical services and professional services provided in a physician’s office or outpatient hospital department.

**Outpatient Mental Health Services** – Medically necessary visits with a licensed mental health professional are covered each benefit period.

**Physician's (Doctor's) Services** - FAMIS covers physician’s services received while hospitalized, or in a physician’s office, or in an outpatient hospital department.

**Prenatal Care, Family Planning Services** - FAMIS covers maternity care services. Coverage also includes drugs, supplies, and devices provided under the supervision of a physician or nurse practitioner to prevent pregnancy.

**Prescription Drugs Ordered by a Physician** - FAMIS covers outpatient prescription drugs. Prescriptions must be filled using a generic drug. If you choose the brand when a generic is available, you are responsible for the co-payment plus 100% of the difference between the allowable charge of the generic drug and the brand drug.

**Rehabilitation Services** - FAMIS covers physical, occupational, and speech-language pathology for individuals with speech, hearing, and language disorders.

**Substance Abuse Treatment** – FAMIS covers out-patient substance abuse treatment, services provided in a general acute care hospital, and inpatient rehabilitation in a substance abuse treatment facility.

**Surgical Services** - FAMIS covers surgical services provided during a hospital admission, or in a physician's office or in an outpatient hospital department.
Services for Special Education Students - FAMIS covers physical therapy, occupational therapy, speech language pathology, psychological services and skilled nursing services for students who have these needs documented in their Individualized Education Program (IEP).

Transplantation Services - FAMIS covers major organ transplants; includes heart, liver, pancreas/kidney, lung and heart/lung. Transplants of tissues, certain antilogous, allogenic or syngeneic bone marrow transplants (or other forms of stem cell rescue) are also covered when pre-authorized.

Vision Care - FAMIS covers routine eye examinations every 24 months, eyeglasses and medically necessary contact lenses.

Well-Child Care - FAMIS covers well-child visits for children from birth through 18 years of age including visits, laboratory services, and any immunizations recommended by the Advisory Committee on Immunization Practice (ACIP) or the American Academy of Pediatric Advisory Committees. Also includes lead screening.

* See the managed care organization's member handbook for specific information on service authorization. If your child is not enrolled with a managed care organization, call the DMAS Helpline number 1-804-786-6145 for more information about covered services.

10. OUT-OF-STATE MEDICAL COVERAGE

FAMIS enrollees in fee-for-service: FAMIS covers emergency medical services while an enrolled child is temporarily outside of Virginia, if the provider of care agrees to participate in Virginia's FAMIS/Medicaid program and to bill DMAS for the services provided. FAMIS does not cover medical care provided outside of the United States.

FAMIS enrollees in managed care organizations (MCOs): MCOs cover emergency medical services while an enrolled child is temporarily outside of Virginia, if the provider of care agrees to bill the MCO and accepts the MCO reimbursement for the services provided. The provider should contact the enrollee's MCO. MCOs do not cover medical care rendered outside of the United States.

11. OTHER PROGRAMS AND SERVICES

Emergency Services Medicaid – Contact your local Department of Social Services for information about emergency services.

FAMIS Plus - Is the Medicaid program for children. The local Department of Social Services in the city/county you reside maintains your case.

FAMIS Select - Gives families of FAMIS-enrolled children the opportunity to choose between coverage under FAMIS and coverage through an employer-sponsored health plan. Children enrolled in FAMIS Select access health insurance through their employer-sponsored health plan and will present the identification card of that plan for payment. Children enrolled in FAMIS Select do not have access to direct FAMIS coverage except if needed to cover childhood immunizations.

Smiles For Children – Is Virginia’s dental program for children enrolled in Medicaid, FAMIS and FAMIS Plus. See page 8 for covered services.

Plan First – Is Virginia’s limited benefit family planning program for women and men who are not eligible for full benefits with FAMIS or Medicaid. Plan First covers birth control services.
12. WHAT DO I DO IF I HAVE A COMPLAINT?

If you have a complaint about FAMIS, you may call Cover Virginia at 1-855-242-8282. If you have questions about a billing issue or coverage of a claim, you may call the DMAS Recipient Helpline at (804) 786-6145.

If you need to register a complaint regarding a provider (such as a doctor, hospital, or pharmacy), you may call 1-800-533-1560.

If you have a complaint about a managed care organization (MCO) your child is enrolled in, call or write directly to the MCO. You will find more information about filing complaints and requesting a review of MCO decisions (appeals) in the handbook that you will receive from your selected MCO. You may also register a complaint by calling the Managed Care Helpline at 1-800-643-2273.

For cases in which a provider indicates, or the MCO determines, that following the standard 90-day timeframe for reviewing a decision could seriously jeopardize the member’s life or health or ability to attain, maintain, or regain maximum function, the MCO must make an expedited authorization decision and provide notice as expeditiously as the member’s health condition requires and no later than three (3) working days after receipt of the request or service.

Any final adverse decision by the MCO in response to a member appeal may be appealed by the member (or responsible party) for an external review. The MCO shall comply with the external review decision. The External Review Organization’s decision in these matters shall be final and shall not be subject to appeal by the Contractor. FAMIS members must exhaust the MCOs internal appeals process before initiating external review.

13. WHAT DO I DO IF I WANT TO APPEAL A DECISION?

You have the right to appeal decisions that affect your child’s eligibility for FAMIS and decisions that deny services.

A. How do I appeal an eligibility decision?

You have the right to request an appeal of any action related to initial or continued eligibility for FAMIS. This includes delayed processing of your application, actions to deny your request for medical services, or an action to reduce or terminate coverage after your eligibility has been determined.

To request an eligibility appeal, notify DMAS in writing of the action you disagree with within 30 days of receipt of the agency’s notice about the action. You may write a letter or complete an Appeal Request Form. Forms are available on the Cover Virginia website at www.coverva.org. Please be specific about what action or decision you wish to appeal. Please include: your name, your child’s name and ID number, your phone number with area code, and a copy of the notice about the action if you have it. Be sure to sign the letter or form.

Please mail appeal requests to:

Appeals Division
Department of Medical Assistance Services
600 E. Broad Street
Richmond, Virginia 23219

Telephone: (804) 371-8488
Fax: (804) 452-5454

For reduction or termination of coverage, if your request is made before the effective date of the action and the action is subject to appeal, your coverage may continue pending the outcome of the appeal. You
may, however, have to repay any services you receive during the continued coverage period if the agency’s action is upheld.

After you file your appeal, you will be notified of the date, time, and location of the scheduled hearing. Most hearings can be done by telephone. The Hearing Officer’s decision is the final administrative decision rendered by the Department of Medical Assistance Services. However, if you disagree with the Hearing Officer’s decision, you may appeal it to your local circuit court.

**B. How do I appeal a denial of service by my child’s MCO?**

You or your designee must submit a written request to DMAS for external review within 30 calendar days of receipt of the Appeal Decision Letter. Please mail external review requests to:

FAMIS External Review  
c/o KePro  
2810 N. Parham Road  Suite 305  
Henrico, VA 23294

Or via web at: www.DMAS.KEPRO.COM

Please include: your name, your child’s name and ID number, your phone number with area code, and copies of any relevant notices or information.

**14. WHAT IS FRAUD?**

Fraud is a deliberate withholding or misrepresentation of information to obtain FAMIS health insurance, or knowingly failing to report a change that requires reporting, such as an increase in the family’s gross monthly income to over 200% FPL. It includes any act that constitutes fraud under Federal or State law. FAMIS fraud also occurs when a doctor or pharmacy bills for services that were not provided to a child enrolled in FAMIS. The fraudulent receipt of FAMIS covered services by a person who is not eligible may result in criminal prosecution.

For individuals enrolled in managed care, a premium is paid each month to the MCO for the person’s coverage. If the child is not eligible for FAMIS because you did not report truthful information or failed to report required changes in your family size or income, you may have to repay the monthly premiums paid to your MCO. You may have to repay these premiums even if no medical services were received during those months.

If you have questions, please call the DMAS Recipient Audit Unit at (804) 786-0156 or email at: mailto:RecipientFraud@dmas.virginia.gov.

If you believe any type of fraud, abuse, or neglect has occurred including by a provider, MCO, or PCP, you should call the Recipient Audit Unit Fraud and Abuse Hotline at 1-866-486-1971 or the Virginia Attorney General Medicaid Fraud Control Unit at 1-800-371-0824.

**15. HOW DOES FAMIS PROTECT MY PRIVACY?**

The Department of Medical Assistance Services (DMAS) and its contractors comply with federal requirements that guard patient privacy. For information about how DMAS protects patient privacy, you may visit the DMAS public website at http://www.dmas.virginia.gov/Content_atchs/atchs/privacy-note.pdf, or call the DMAS HIPAA Office of Privacy & Security at (804) 225-2860.
GLOSSARY OF TERMS

**Authorized Representative** – A person who is authorized in writing to conduct the personal or financial affairs for an individual.

**CommonHelp** – CommonHelp at www.commonhelp.virginia.gov is the online website where individuals and families can apply for Medicaid, FAMIS and other benefits. It is provided through the Virginia Department of Social Services.

**Cover Virginia** – Virginia’s statewide customer service center providing information and assistance for FAMIS, Medicaid, Plan First and other insurance options. The Cover Virginia statewide customer service center at 1-855-242-8282 is staffed by knowledgeable and courteous representatives who can provide confidential application assistance and program information. You can apply, report changes, receive application status updates, or renew your child’s coverage by calling Cover Virginia.

**Coverva.org** – The Cover Virginia website providing information about FAMIS, Medicaid, Plan First and other state and federal health insurance options. The website Coverva.org includes an eligibility screening tool and easy access to all the ways to apply for coverage as well as links to other health resources and assistance.

**DMAS** – Department of Medical Assistance Services, the agency that administers the FAMIS and Medicaid programs in Virginia.

**DSS** – Department of Social Services, the agency responsible for determining eligibility for medical assistance and the provision of related social services. This includes the local Department of Social Services.

**Eligibility Worker** – Eligibility worker at the local Department of Social Services who reviews your FAMIS or FAMIS Plus (Medicaid) case to determine if you are eligible. This is the person you would contact regarding changes, such as your address or income, or problems, such as not receiving your FAMIS and Medicaid card.

**FAMIS** – Is a comprehensive health insurance program for uninsured children from birth through age 18 with income between 144% and 200% of the federal poverty level. FAMIS is administered by the Virginia Department of Medical Assistance Services (DMAS) and is funded by the state and federal government.

**FAMIS MOMS** – Is a health insurance program for pregnant women with income eligibility the same as FAMIS. Contact Cover Virginia at 1-855-242-8282 for more information.

**FAMIS Plus** – Is the Medicaid program for children, birth through age 18 with income below 143% of the federal poverty level.

**FAMIS Select** – Gives families of FAMIS-enrolled children the opportunity to choose between coverage under FAMIS and coverage through a private or employer-sponsored health plan. Children enrolled in FAMIS Select access health insurance through their employer-sponsored health plan and will present the identification card of that plan for payment. Children enrolled in FAMIS Select do not have access to direct FAMIS coverage except if needed to cover childhood immunizations. Contact at 1-888-802-5437.

**Local Department of Social Services (LDSS)** – the city or county DSS office responsible for the management of your FAMIS case. It can be found at: http://www.dss.virginia.gov/localagency/index.cgi

**Managed Care Organizations (MCO)** – Is an organization that contracts with DMAS to provide, arrange for, deliver, pay for, or reimburse any of the costs of health care services for Medicaid enrollees.

**Medicaid** – A health insurance program that helps pay for medical care for certain individuals and families with low incomes and resources, if applicable.

**Primary Care Provider (PCP)** – The doctor or clinic that provides most of your health care needs, gives you referrals to other health care providers when needed, and monitors your health. A PCP may be an internist, a pediatrician (children’s doctor), OB/GYN (women’s doctor), family doctor or certain clinics and health departments.

**Smiles For Children** – Is Virginia’s dental program for children enrolled in Medicaid, FAMIS and FAMIS Plus. Contact at 1-888-912-3456.
**FAMIS Co-payment Tracking Form**

Some doctor visits and services require a fee called a co-payment. Use this form to track those fees. Your family’s co-payments will end when you reach the yearly limit. If you have questions, call Cover Virginia at 1-855-242-8282.

**HERE IS WHAT YOU NEED TO DO:**
- Save your receipts showing what you paid from each FAMIS doctor visit and for medicine.
- List each receipt on this form. Used additional paper to list more receipts and attach to this form.
- Mail this form and your receipts to us when they total your family’s co-pay limit.
- We will review your receipts and tell you if the fees you paid meet the yearly limit.
- If your family has met the limit for co-payments they have paid, we will send you a letter and a new ID card showing $0 co-payment amounts.

Name: ___________________________ FAMIS Family ID #: ____________

Address: _________________________ Phone Number: (_____)______________________

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<th>Date of Service</th>
<th>Patient’s Name</th>
<th>Who did you pay?</th>
<th>How much?</th>
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Total Paid: $ ______________

Mail this completed form and receipts to:
Cover Virginia,
PO Box 1820
Richmond, VA 23218-1820
Remember-

It is important that we are able to reach you.

If you move or your phone number changes you should always report the change by:

- Calling Cover Virginia toll-free at – 1-855-242-8282

- Or

- Visiting CommonHelp at www.commonhelp.virginia.gov

- Or

- Contacting your local Department of Social Services

FAMIS is a program of the Commonwealth of Virginia.